



PATIENT INFORMATION GUIDE

Medicare CDM Plans

Access Medicare rebates for allied health services through a Chronic Disease Management plan from your GP.

EXPERIENCE · EXCELLENCE · RESULTS



CHRONIC DISEASE MANAGEMENT PLANS

PREVIOUSLY CALLED ENHANCED PRIMARY CARE (EPC)

A **Chronic Disease Management (CDM) plan** allows patients with a chronic medical condition to access Medicare rebates for allied health services.

Your **GP must prepare the plan** and provide a referral **before** your allied health appointments begin.

Sessions can be **shared across different allied health providers** within the calendar year.

5

Allied health sessions per calendar year

\$61.80

Medicare rebate per session

SERVICES AVAILABLE UNDER CDM PLANS



PHYSIOTHERAPY

Expert assessment, manual therapy and exercise rehabilitation



PODIATRY

Comprehensive foot, ankle and lower limb care



DIETETICS

Personalised nutrition guidance from a qualified dietitian



WHAT TO BRING TO YOUR APPOINTMENT

REQUIRED FOR MEDICARE REBATE PROCESSING



Medicare Card

Or have your Medicare number readily available



GP Referral Letter

Or your CDM plan from your General Practitioner

Our reception team will process your Medicare rebate through **HICAPS** at the time of payment. If you also have private health insurance extras cover, your private health fund rebate can be processed at the same time for any remaining gap.

